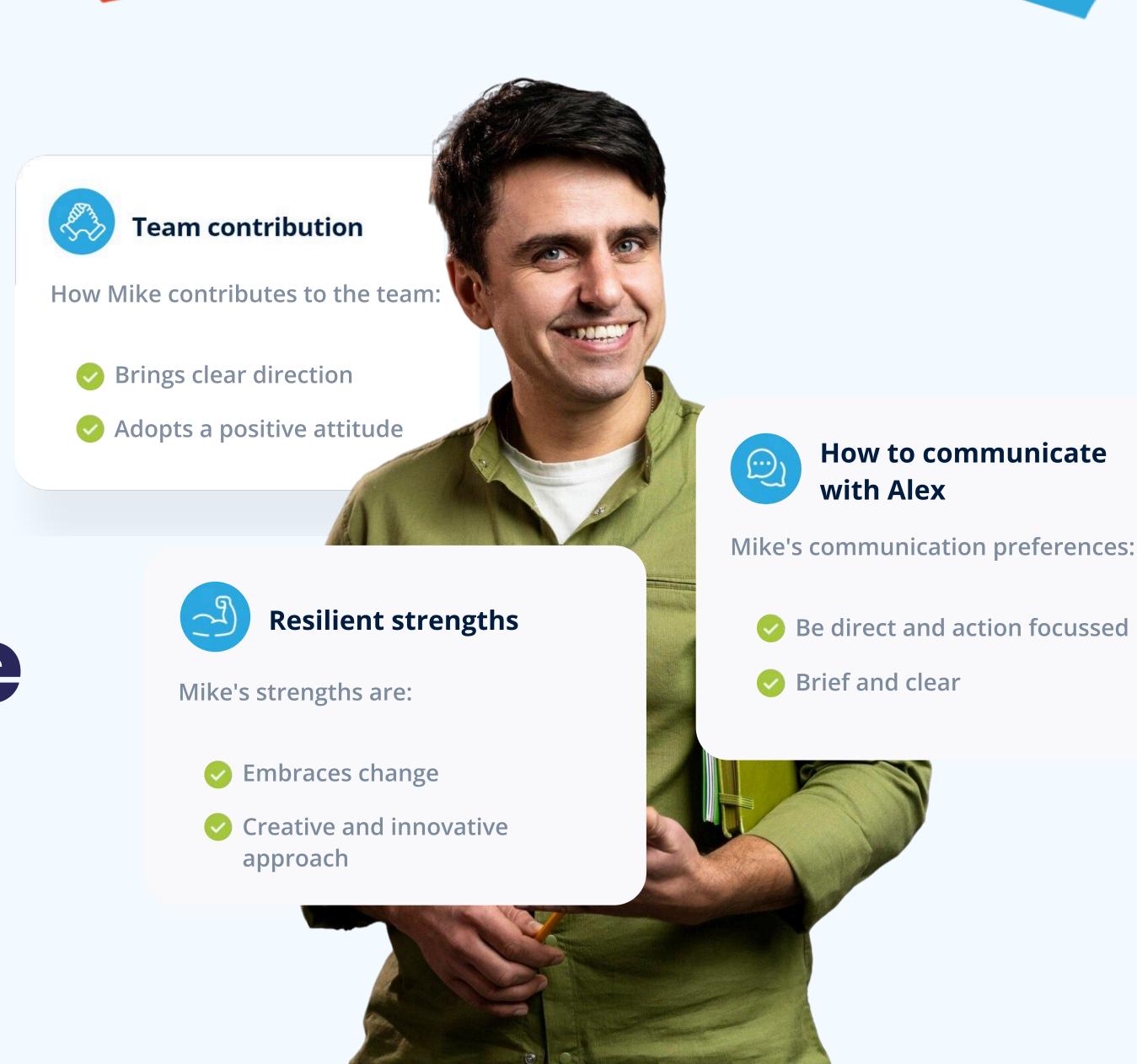
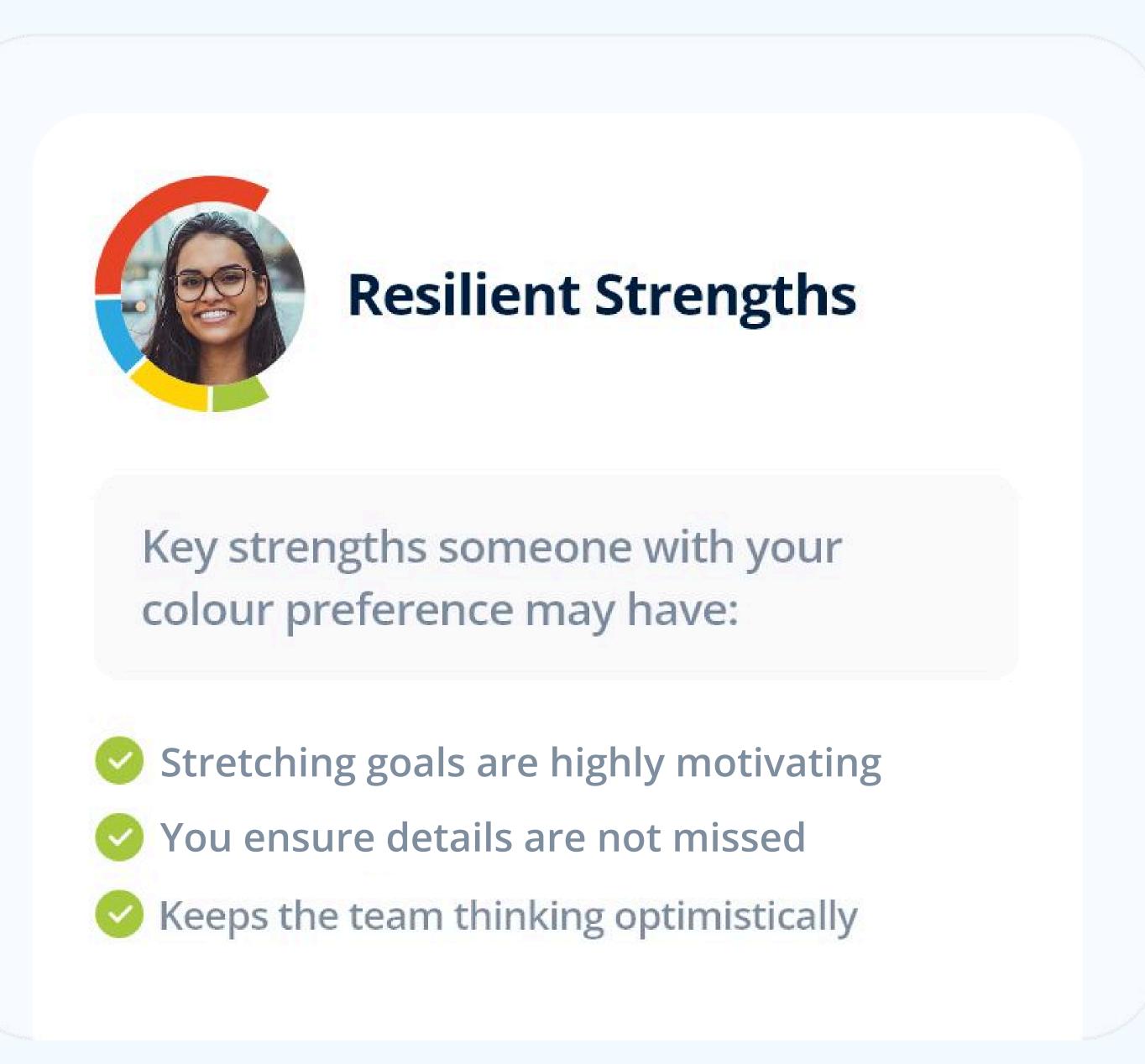


Increase Employee Self-Awareness

# Enhance Self-Awareness and Improve Performance

Make it easy for your people to work well together and increase performance.





## Promote self-awareness that impacts performance

- Celebrate individual strengths and address areas for development.
- Reduce conflicts, miscommunication and poor behaviour by increasing self-awareness.
- Introduce psychologically safe language.
- Address behavioural blind spots and limited interpersonal skills.
- Benefit from a common language that everyone can understand.

#### Results



90% Increase in self-awareness\*



70% Increase in leadership effectiveness\*



53% Increase in effectiveness of internal and external communications\*

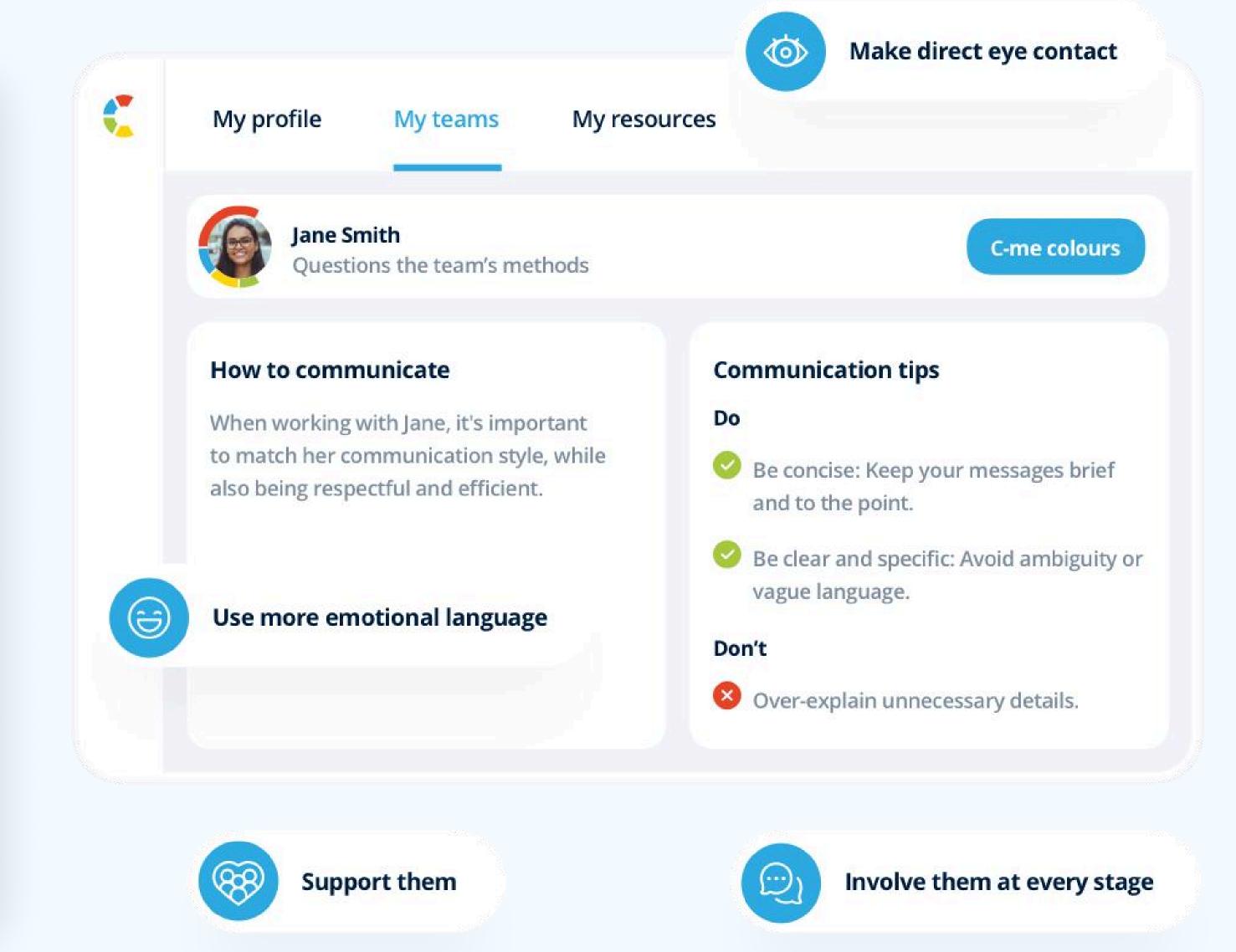


40% Increase in team performance\*

\*Reported by trusted clients working with C-me

### Challenges we help you address

- Lack of awareness of personal impact on others.
- Apparent 'personality' conflicts.
- Negative or ineffective leadership impact.
- Vague, unmotivating development plans.
- Disengaged team members, due to misaligned goals and personal motivations.



### Where C-me delivers impact

### Transformed employee self-awareness and work relationships

Our personal behaviour profiles and 360-degree assessments provide insights into personal working styles, promoting better collaboration and stronger team dynamics.

### Higher performing teams

Through our platform, the C-me Team Wheel visually maps out team members' work styles, facilitating mutual understanding and effective collaboration.

### More adaptable and inspiring leaders

We provide personal and team behaviour profiles, along with workshop material to help leaders understand each employee's optimal working conditions. These reports are valuable in all circumstances your people find themselves - for example, personal development, leadership training, resolving conflicts, planning communication campaigns.

### Continual learning and growth opportunities

C-me's accreditation certification, e-Learning tool and workshop materials focus on leadership, teamwork, and high-performance behaviours. They offer practical training that supports ongoing improvement and adaptability in the workplace.





C-me has been a really useful tool; using it to develop self-awareness and improve team communication has been invaluable.

Gill White, Service Manager, NHS Bristol

### Trusted by brands of all sizes





















