

C-me Team Cohesion Workshop Overview

Who is this workshop for?

This workshop has been designed for teams who want to work better together, more effectively, more intentionally and with greater impact. It may be that your team already knows what needs to change or is performing well and looking for fresh ideas to fine tune how they collaborate. This session creates space for greater alignment, sharpening team strengths and unlocking high performance resulting in a team that communicates more effectively, navigates challenge confidently and moves forward together.

What are the benefits of this workshop?

Taking part in this workshop, your team will ...

- Strengthen trust and cohesion to work more effectively as a team
- Increase engagement and motivation through clearer connection and purpose
- Proactively identify and mitigate risks that could impact performance
- Leverage different perspectives to improve strategic thinking and decision making
- Clarify the team's shared purpose and individual motivations
- Recognise how each team member contributes
- Co-create a balanced strategy with shared ownership for collective success

Additional workshops available ...

- Communication and conflict
- Stress and resilience
- Leadership development
- Influencing with impact
- Change management

