

C-me Change Management Workshop Overview

Who is this workshop for?

This workshop supports teams to reach and sustain high performance in the face of change. By focusing on engagement as the foundation for performance this session helps teams to effectively manage change.

Whether your team is performing well but wants to raise their game or is experiencing challenges and needs to reset, this workshop creates space for honest reflection and practical progress.

What are the benefits of this workshop?

Using the core qualities of high-performing teams: Commitment, Flexibility, Honesty and Resilience. We explore how teams can respond to setbacks, navigate uncertainty, and build the confidence needed to adapt and thrive.

The benefits for your team will be ...

- A clearer understanding of how different people engage with change and what can cause momentum to stall
- Increased capability to perform at a high level, even during times of uncertainty
- Greater awareness of how to harness diverse thinking to strengthen decision making
- Increased motivation, engagement and team buy-in
- Stronger ownership of individual contributions and shared team goals

Additional workshops available ...

- Communication and conflict
- Stress and resilience
- Team cohesion
- Influencing with impact
- Leadership development

