

# C-me Team Cohesion Workshop Agenda (2hrs)

- 3mins** Intro and aims
- 10mins** Team values - exercises 1 and 2
- 2mins** Values, culture, performance
- 5mins** Natural team contribution
- 30mins** Team contributions - exercises 3, 4 and 5
- 15mins** Differing perspectives and questions - exercise 6
- 10mins** Break
- 5mins** VVMM model
- 10mins** Building cohesion and strategy
- 10mins** Applying VVMM model - exercise 7
- 10mins** VVMM model example, VVMM and your team
- 10mins** Team and personal reflection

**Note: This workshop can be delivered over 3 hours to allow for more discussion time**

